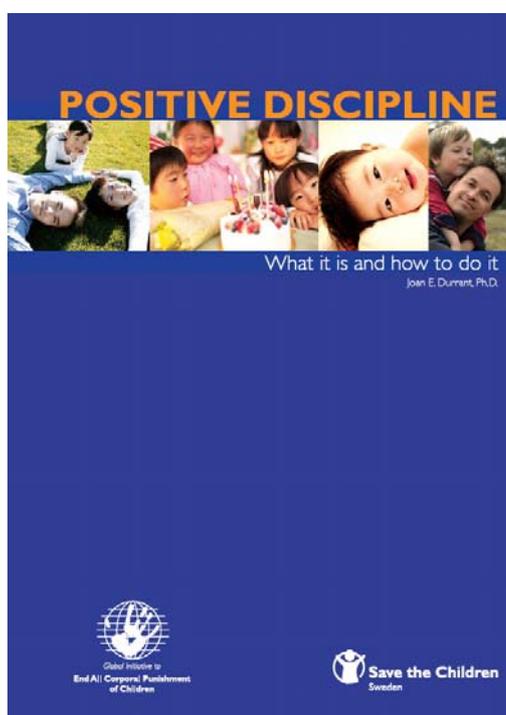

Positive Discipline - What it is and how to do it

This publication addresses the recommendations of the 2006 UN World Report on Violence against Children that calls for the elimination of all corporal punishment of children and the promotion of positive discipline.



It dismisses the common belief that children learn through physical pain and aims to provide concrete answers to parents who want to raise their children without corporal punishment.

Positive discipline is explained through four basic principles that highlight the links among child development, effective parenting and children's rights. A unique feature of the book is that it provides ways to shift from impulsive punitive responses to thought-out constructive responses that support long term parenting goals.

“Positive Discipline: What it is and how to do

it” is launched officially in the Philippines, Thailand, and Fiji, on 11 September 2007 through a joint effort of Save the Children Sweden and Save Children Fiji, prior to dissemination in 16 other countries in Southeast Asia and the Pacific as well as other regions.

This Manual is a response to the 2006 World Report on Violence against Children, a global study of violence against children carried out by the United Nations.

The study found that maltreatment occurs in children's homes in every country of the world – and that it is often based in long-held cultural practices, as well as a lack of awareness of children's human rights.

The World Report on Violence against Children makes recommendations for reducing violence against children in their homes. These recommendations emphasize the importance of:

- Changing cultural practices that contribute to violence against children, including the elimination of corporal punishment.
- Promoting non-violent communication and relationships with children.
- Building parents' skills in non-violent discipline, problem-solving and conflict resolution.
- Respecting the whole child and their family, their dignity, and their developmental needs.
- Increasing understanding of child development.
- Increasing awareness of children's rights.

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