





Volume 2

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Cover painting: *Pelicans*

Statement: Acrylic on canvas (1X2.5m).

Birds are intricately beautiful yet so simplistic, they need basic food, water and shelter. They are content, making use of what they have and are intimately in touch with their environment. This painting is about becoming connected spiritually to self and environment as a bird is and decreasing the unnecessary clutter associated with living in today's society and trusting that things will be provided when needed rather than being in constant want. A minimalist setting with the use of bold prime colours to capture this sense of simplicity.

This painting is also very much about surrounding yourself with positive people that keep you grounded while encouraging you to be productive rather than stagnant. The 5 birds, for me, represent my family who provide a source of constant support and grounding.

The roots of the Indigenous religion is based on a deep spiritual connection to land, self, family and surroundings; these principles of Indigenous culture can still be adopted into everyday life today.

Artist: *Dina Saulo* – Dina's family is from Western Victoria and she is currently a Nursing student at the University of Technology, Sydney. She already works in the health industry at Royal Prince Alfred Hospital as a Hep C nurse and The Aids Council of NSW as an outreach officer providing sexual health education throughout Aboriginal communities in NSW. She began painting in 2002 as a hobby and is inspired by many of her experiences in health.

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